



Name: _____ DOB: _____

Mailing Address: _____ City/State/Zip: _____

Telephone: _____ E-mail address: _____

Emergency Contact Name: _____ Emergency Contact Telephone: _____

How did you hear about us? NEWSPAPER WEBSITE TV RADIO - LIST STATION _____

OTHER _____

FACEBOOK

WAIVER AND RELEASE OF LIABILITY

Section 1

I understand and am aware that exercise and fitness activities have inherent risks, dangers, and hazards. I understand that exercise and the use of fitness equipment involve a risk of injury to all parts of the participant's body. I understand that these risks and dangers may be caused by the negligence of the representatives, employees, or volunteers of Synergy Fitness, LLC the negligence of other participants, or the negligence of third parties. I agree freely and expressly assume and accept all risks of injury from the use of Synergy Fitness, LLC's facilities and equipment. (Please initial :___.)

In exchange for my ability to be a member of Synergy Fitness, LLC and with the understanding that my ability to be a member is conditioned on my entering into this agreement for myself and my heirs and assigns, I assume the inherent and extraordinary risks involved in fitness and exercise activities, in the use of the fitness equipment, and in any other activities connected with these activities in which I may voluntarily participate. I expressly assume the risk of and accept full responsibility for any and all injuries (including death) and accidents that may occur as a result of my exercise and fitness activities and release from liability Synergy Fitness, LLC and its managers, members, agents, representatives, and employees. I waive any claim I may later have as a result of any and all injury to my person or property as a result of my use of Synergy Fitness, LLC's facilities and equipment (but not limited to) any claim related to the negligent acts of claim against nor sue Synergy Fitness, LLC for injuries or damages relating to exercising, the use of its fitness equipment, or both. (Please initial :___.)

Section 2

I have carefully read this agreement and release of liability and fully understand its contents. I am aware that this is a release of liability and a contract between Synergy Fitness, LLC and me, and I sign it of my own referred to in that section. (Please initial :___.)

Section 3

I agree that I understand how the fitness equipment owned by Synergy Fitness, LLC works, and I have been instructed in its proper use or have waived the right to have such instruction. Any questions I have about the equipment have been fully and satisfactorily answered. I agree to check the equipment before each use. I have read, understand, and fully agree to the terms and conditions set forth in section 1 from this form. (Please initial :___.)

Dated: _____

Signature: _____

(if participant is a minor – parent or guardian must sign)

Witness: _____

Printed Name: _____

I authorize Synergy Fitness to record the image and voice of the subject named below and give Synergy Fitness and all persons or entities acting pursuant to Synergy Fitness' permission or authority, all rights to use of these recorded images and voice. I understand that said images and/or voice will be used for educational, advertising and promotional purposes in all conventional and electronic media, including but not limited to the Internet, and any future media. I also authorize the use of any printed material in connection therewith. I understand and agree that these images and recordings may be duplicated, distributed, with or without charge, and/or altered in any form or manner without future or further compensation or liability, in perpetuity.

Dated: _____

Signature: _____

(if participant is a minor – parent or guardian must sign)